

# Cómpeta Hikes

Unique and specialised walking tours  
of the Andalusian Axarquía mountain range  
with exquisitely idyllic accommodation



[www.competahikes.com](http://www.competahikes.com)  
+34 619 175 649  
[competahikes@gmail.com](mailto:competahikes@gmail.com)



# Contents

Welcome

Specialist Walks

Combination Walking  
Tour Holidays

Guides

Accommodation  
and Catering

Finca Los Pinos

About Cómpeta

Activities & Excursions

Tour Dates & Prices

Giving Back



# Welcome **Bienvenido**



**CÓMPETA HIKES**  
At Cómpeta Hikes, we provide truly unique opportunities to explore the beauty and tranquility of the Andalusian Axarquía mountain range, right from the doorstep of our idyllic walking lodge, Finca Los Pinos.



David and Sarah were both born and bred in Southern Africa and have enjoyed a lifetime of outdoor activities. They started their walking lodge, Finca Los Pinos, in 2013 and have built a wonderful, truly personalised business around their passion for nature and outdoor pursuits. With a desire to enhance the customer experience and recognise that clients are looking for unique experiences in the wilds of nature, they designed specialist and combination walking holidays to provide a truly valuable and unforgettable adventure. Their mission is to provide a unique insight into this wonderful region and to teach about the environment, so that nature may be understood and preserved.





# Specialist Walks

Our specialist walking tours include:



Mushroom walking in Autumn with a course on cooking mushrooms Spanish syle.



Wild orchids in Spring. Over 40 species in the area.



Medicinal herb walks, November to May.



Learning to make your own garden.



Bird watching.

## Some of our walks:

THE OLD SILK ROUTE - 5 to 6 hours - a walk that follows the old trade routes during the time of the Moors.

THE THREE VILLAGE WALK - 4 hours - a walk to all the three main white villages of the area.

LA MAROMA - 9 hours - the highest mountain in the area at 2068m.

WALK TO THE LOST VILLAGE OF ACEBUCHAL - 4 hours - lunch in this beautiful village with an amazing history.

FABRICA IN CANILLAS DE ALBAIDA - 5 to 6 hours - a beautiful walk along rivers and old viaducts, passing avocado and mango trees.

THE VIEWPOINT WALK - 5 hours.

For more information on our walks, please visit our website, [www.competahikes.com](http://www.competahikes.com)



# Combination Walking Tour Holidays

Cómpeta Hikes offers a unique opportunity to enhance your inclusive walking tour by giving you the option to incorporate and enjoy another complementary outdoor or indoor pursuit.



## Combination Walking Tour holidays include:

- Walking and Yoga
- Walking with Spanish Language and culture
- Walking and Spanish Cooking
- Walking and Painting
- Walking and Creative Writing
- Walking and Photography





# Guides

Our guides have extensive knowledge of the mountains, having learned their trade and gained their mountain guide certifications here in Andalucia, as well as in the UK. The guides not only take our clients on superb guided walks away from the usual beaten track of walking tours in this area, but they also provide educated and informed commentary on history, flora and fauna.



## Nacho:

Our specialist walks are conducted by our local guide, Nacho. He has over 30 years experience of the surrounding mountains.

Nacho's walks include:

- Medicinal plant identification and collection
- Infusion of herbs back at Finca Los Pinos
- Wild mushroom identification and collection
- Cooking with collected mushrooms
- Wild orchid identification
- Walk through Hawthorn Forest

Audio visual conferences are held before each walk to help with the identification of the local plants.

- Nacho is also available for courses in:
- Bonsai cutting
  - Urban vegetable gardens
  - Medicinal properties of vegetables

## Sarah:

Many of our shorter walks for guests are also guided by Sarah.

## Nick:

Our second guide, Nick, has been a professional guide in Cómpeeta for five years. Nick is a qualified teacher and landscape artist. He is also a qualified walking guide, from the British Mountaineering Association.

Born in London, Nick has lived in France, Switzerland and Spain.

Nick's walks include:

- The Old Silk Route
- The Three Village Walk
- La Maroma

- Walk to the Lost Village of Acebuchal
- Walk from the Fabrica in Canillas de Albaida





# Accommodation & Catering



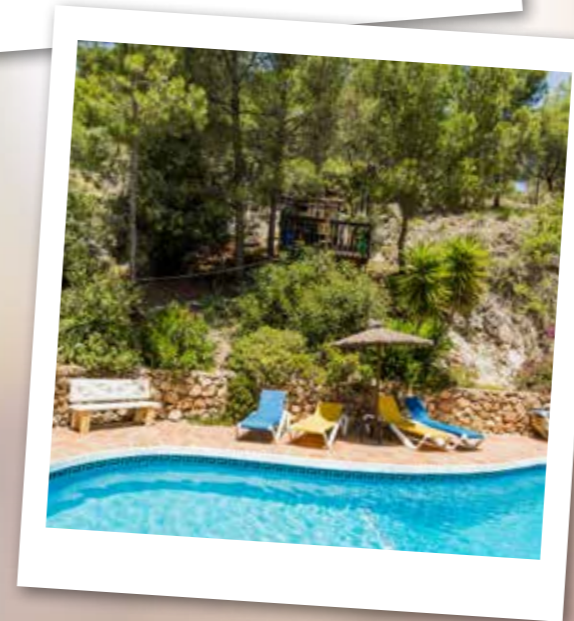
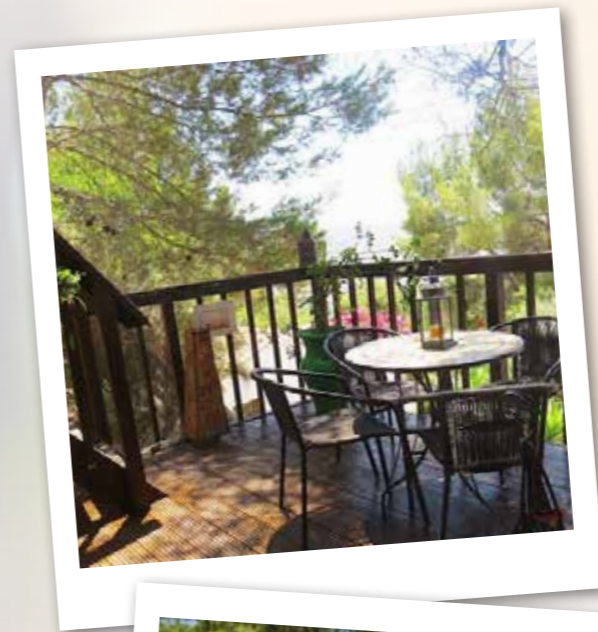
# Finca los Pinos

## The Lodge

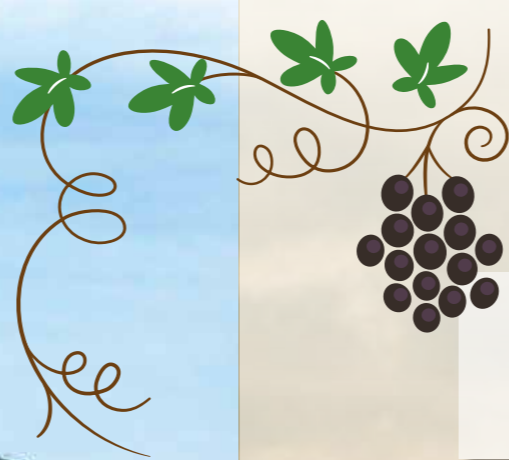
The lodge is nestled on the edge of the National Park, ideally located for bringing together the beauty of the surrounding landscape with the fantastic atmosphere found in the village of Cómpeeta.

The lodge is divided between two villas and three log cabins and sits in over two acres of tranquil gardens and pine trees. The pool is open all year round and there is also a pool side honesty bar for guests to use.

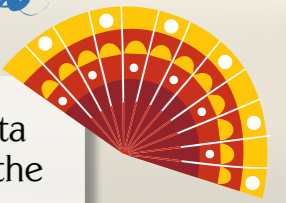
All our produce is sourced from the local community and we continue to interact and support small businesses throughout the region.







# About Cómpeeta



Long known as the pearl of La Axarquía, the town of Cómpeeta is located 700 metres above sea level with stunning views of the surrounding mountains, countryside and Mediterranean.



Cómpeeta is best known to many for its locally produced wine, available both dry and sweet, as well as being plentiful and cheap. One of the most popular annual fiestas here is the Noche del Vino (Night of the Wine) on the 15th August, which features a programme of flamenco and Sevillana music and dance, plus plenty of free-flowing vino. Apparently, the locals reputedly prefer the sweeter wines, while the foreign residents and tourists like the dry.



This area is particularly popular with Scandinavians, many of whom have renovated old farmhouses and fincas in the vicinity.



## Cómpeeta

Nestled in the hills with the Sierra Tejida and Sierra Almirajara mountains beyond, this beautiful white village boasts spectacular scenery, healthy mountain air and friendly hospitality.



# Activities & Excursions

Additional activities offered by Cómpeeta Hikes includes:

- Kayaking
- Rio Verde waterfalls and turquoise rock pools
- Horseshoe riding
- Wine tasting
- Granada Alhambra Palace
- Malaga old town
- Ronda
- Old Olive Press and olive oil making
- Flamenco dancing and Spanish guitar on site
- Latino and African drumming
- Nerja Caves
- One day skiing - January to March only

A steady influx of foreigners has proved positive for the locals in helping to slow down the former inevitable migration of young people to the cities and coast. These days Cómpeeta is self sufficient and thriving, providing its 3,000 inhabitants with a municipal market and a fresh daily supply of meat, fish and vegetables.



It is a charming flower bedecked old town with its main centre, the Plaza Almirante, dominated by a magnificent sixteenth century church. This bustling square is one of the best places to relax with a choice of bars and restaurants.



Cómpeeta is fascinating to explore with its labyrinth of narrow cobbled streets that date back to Moorish times. The town is located less than an hour from Málaga airport on the Motril bypass, so ideal for a day trip, as well as an overnight stay for those who want to explore the area further or continue their journey into the province of Granada.



The end of January and early February is the Almond blossom season, visit then to see beautiful landscapes in Cómpeeta and the surrounding villages of La Axarquía.





# Tour Dates and Prices



## 2017

- Combination Walking and Wellbeing Holiday  
 16th – 30th September 2017  
 16th – 30th October 2017
- Combination Walking with Spanish Language and Culture  
 15th – 22nd October 2017
- Combination Walking with Spanish Cooking  
 22nd – 29th October 2017
- Combination Walking and Yoga, Meditation and Massage Retreat  
 4th – 11th November 2017 **Fully booked**
- Combination Yoga, Spanish Cooking, Language and Culture  
 12th – 19th November 2017 **Limited availability**
- Specialist Walking Tour with History and Medicinal Herbs  
 26th November – 3rd December 2017 **Fully booked**

## 2018

- Combination Walking with Spanish Language and Culture  
 4th – 11th January 2018 **Fully booked**  
 25th May – 1st June 2018  
 20th – 27th November 2018  
 25th November – 5th December 2018
- Combination Walking with Spanish Cooking  
 15th – 22nd January 2018 **Fully booked**  
 7th – 14th December 2018

- Combination Walking and Yoga  
 3rd – 10th February 2018  
 12th – 19th March 2018  
 13th – 20th April 2018  
 27th April – 4th May 2018  
 18th – 25th June 2018  
 25th – 30th June 2018  
 1st – 8th October 2018  
 11th – 18th October 2018



- Combination Walking with Spanish Cooking, Language and Culture  
 17th – 24th February 2018
- Walking Tour  
 1st – 8th March 2018  
 3rd – 10th November 2018  
 11th – 18th November 2018

All inclusive starting from €950 pp

**PRICES:**  
 Different room types – subject to availability:  
 €950pp shared twin shared bathroom  
 €1050pp private twin shared bathroom  
 €1200pp private twin private bathroom  
 €1400pp private double private bathroom

- Combination Walking with Wild Orchids  
 21st – 28th March 2018
- Combination Walking with Wild Flowers  
 7th – 14th April 2018
- Combination Walking with Writing  
 20th – 27th April 2018  
 12th – 19th September 2018  
 25th October – 1st November 2018

- Combination Walking with Photography  
 27th April – 4th May 2018  
 10th – 17th September 2018

- Combination Walking and Mushroom Forage  
 18th – 25th October 2018

For our **2019** tour dates, please visit our website  
[www.competahikes.com](http://www.competahikes.com)





# Giving Back

Cómpeta Hikes is running a programme with local education centres to take groups of children and their parents on walks, bi-monthly and free of charge.

Supporting the children of Cómpeta and Axarquía in association with Axareducación.

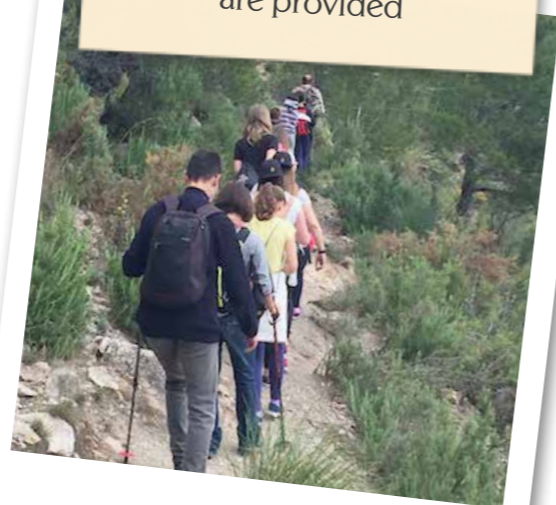


## THE WALKS

The walks focus on teaching the children about:

- Animals
- Flora
- History of the region
- Preserving the environment

Snacks and water are provided



Next walks, conducted in both English and Spanish:

Saturday 28th November 2017

January 2018

March 2018

May 2018

Only 20 children per walk plus 1 adult per child.

Apply for your place to:

Cómpeta Hikes - [competahikes@gmail.com](mailto:competahikes@gmail.com) - 619 175 649

Axareducación - [info@axareducacion.com](mailto:info@axareducacion.com) - 952 516 732

Our objective is also to promote healthy activity in children from a young age. Cómpeta Hikes has recently instigated and sponsors an under 8's rugby team with Nerja Rugby Club. This venture brings sports and team building free to children across Axarquía, which has never been done before.





David and Sarah Mills  
[www.competahikes.com](http://www.competahikes.com)  
+34 619 175 649  
[competahikes@gmail.com](mailto:competahikes@gmail.com)

