

Unique and specialised walking tours of the Andalusian Axarquía mountain range with exquisitely idyllic accommodation



Contents

Welcome

Specialist Walks

Combination Walking Tour Holidays

Guides

Accommodation and Catering

Finca Los Pinos

About Cómpeta

Activities & Excursions

Tour Dates & Prices

Giving Back



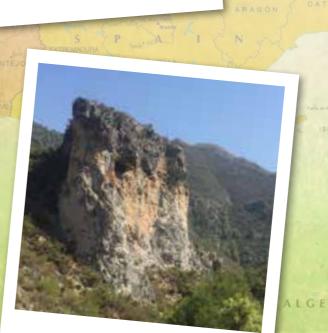
Welcome Bienvenido



David and Sarah were both born and bred in Southern Africa and have enjoyed a lifetime of outdoor activities.

They started their walking lodge, Finca Los Pinos, in 2013 and have built a wonderful, truly personalised business around their passion for nature and outdoor pursuits.

With a desire to enhance the customer experience and recognise that clients are looking for unique experiences in the wilds of nature, they designed specialist and combination walking holidays to provide a truly valuable and unforgettable adventure. Their mission is to provide a unique insight into this wonderful region and to teach about the environment, so that nature may be understood and preserved.





Specialist Walks

Our specialist walking tours include:



Mushroom walking in Autumn with a course on cooking mushrooms Spanish syle.



Learning to make your own garden.



Bird watching.







Wild orchids in Spring. Over 40 species in the area.



Medicinal herb walks, November to May.

Some of our walks:

THE OLD SILK ROUTE - 5 to 6 hours - a walk that follows the old trade routes during the time of the Moors.

THE THREE VILLAGE WALK - 4 hours - a walk to all the three main white villages of the area.

LA MAROMA - 9 hours - the highest mountain in the area at 2068m.

WALK TO THE LOST VILLAGE OF ACEBUCHAL

- 4 hours - lunch in this beautiful village with an amazing history.

FABRICA IN CANILLAS DE ALBAIDA - 5 to 6 hours - a beautiful walk along rivers and old viaducts, passing avocado and mango trees.

THE VIEWPOINT WALK - 5 hours.

For more information on our walks, please visit our website, www.competahikes.com

Combination Walking Tour Holidays

Cómpeta Hikes offers a unique opportunity to enhance your inclusive walking tour by giving you the option to incorporate and enjoy another complementary outdoor or indoor pursuit.





Combination Walking Tour holidays include:

Walking and Yoga
Walking with Spanish Language and culture
Walking and Spanish Cooking
Walking and Painting
Walking and Creative Writing
Walking and Photography



Guides

Our guides have extensive knowledge of the mountains, having learned their trade and gained their mountain guide certifications here in Andalucia, as well as in the UK. The guides not only take our clients on superb guided walks away from the usual beaten track of walking tours in this area, but they also provide educated and informed commentary on history, flora and fauna.



Sarah:

Many of our shorter walks for guests are also guided by Sarah.

Nacho:

Our specialist walks are conducted by our local guide, Nacho. He has over 30 years experience of the surrounding mountains.

Nacho's walks include:

Medicinal plant identification and collection
Infusion of herbs back at Finca Los Pinos
Wild mushroom identification and collection
Cooking with collected mushrooms
Wild orchid identification
Walk through Hawthorn Forest

Audio visual conferences are held before each walk to help with the identification of the local plants.

Nacho is also available for courses in:

Bonsai cutting

Urban vegetable gardens

Medicinal properties of vegetables

Nick:

Our second guide, Nick, has been a professional guide in Cómpeta for five years. Nick is a qualified teacher and landscape artist. He is also a qualified walking guide, from the British Mountaineering Association.

> Born in London, Nick has lived in France, Switzerland and Spain.

> > Nick's walks include: The Old Silk Route The Three Village Walk La Maroma

Walk to the Lost Village of Acebuchal Walk from the Fabrica in Canillas de Albaida





Accommodation & Catering



Finca los Pinos







The Lodge

The lodge is nestled on the edge of the National Park, ideally located for bringing together the beauty of the surrounding landscape with the fantastic atmosphere found in the village of Cómpeta.

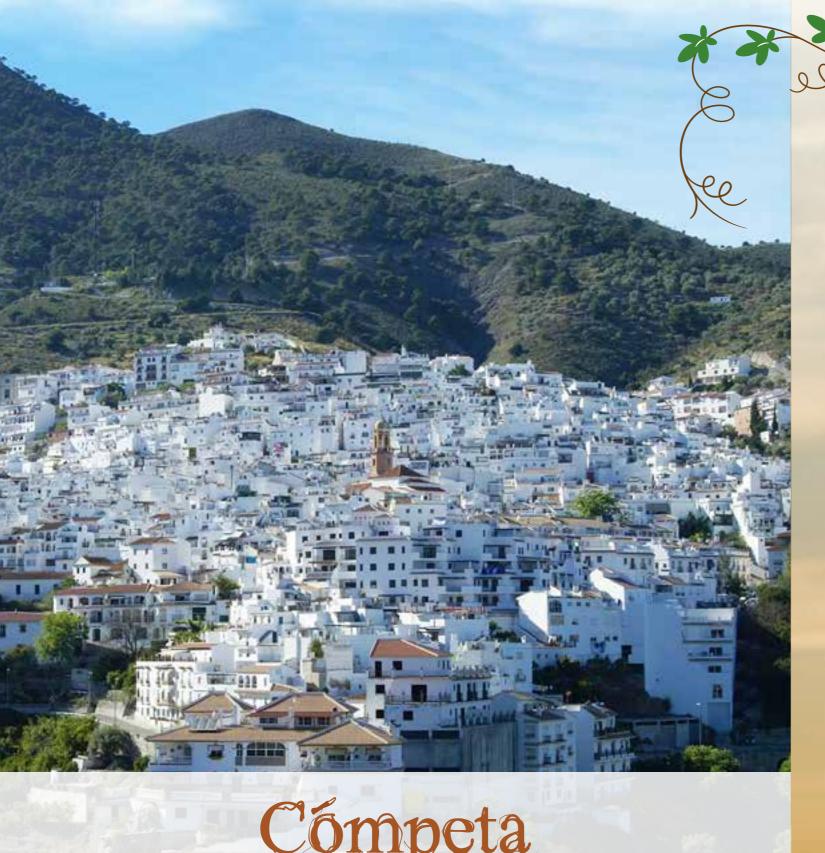
The lodge is divided between two villas and three log cabins and sits in over two acres of tranquil gardens and pine trees.

The pool is open all year round and there is also a pool side honesty bar for guests to use.

All our produce is sourced from the local community and we continue to interact and support small businesses throughout the region.







Cómpeta

Nestled in the hills with the Sierra Tejida and Sierra Almijara mountains beyond, this beautiful white village boasts spectacular scenery, healthy mountain air and friendly hospitality.

About Competa

Long known as the pearl of La Axarquía, the town of Cómpeta is located 700 metres above sea level with stunning views of the surrounding mountains, countryside and Mediterranean.



Cómpeta is best known to many for its locally produced wine, available both dry and sweet, as well as being plentiful and cheap. One of the most popular annual fiestas here is the Noche del Vino (Night of the Wine) on the 15th August, which features a programme of flamenco and Sevillana music and dance, plus plenty of free-flowing vino. Apparently, the locals reputedly prefer the sweeter wines, while the foreign residents and tourists like the dry.



This area is particularly popular with Scandinavians, many of whom have renovated old farmhouses and fincas in the vicinity.

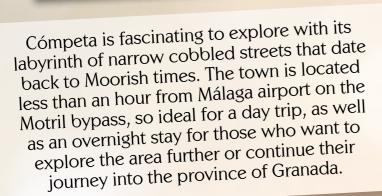


A steady influx of foreigners has proved positive for the locals in helping to slow down the former inevitable migration of young people to the cities and coast. These days Cómpeta is self sufficient and thriving, providing its 3,000 inhabitants with a municipal market and a fresh daily supply of meat, fish and vegetables.





It is a charming flower bedecked old town with its main centre, the Plaza Almijara, dominated by a magnificent sixteenth century church. This bustling square is one of the best places to relax with a choice of bars and restaurants.







The end of January and early February is the Almond blossom season, visit then to see beautiful landscapes in Cómpeta and the surrounding villages of La Axarquía.



Activities & Excursions

Additional activities offered by Cómpeta Hikes include:

Cycling Tours
Kayaking
Rio Verde waterfalls and turquoise rock pools
Horseriding
Wine tasting
Granada Alhambra Palace
Malaga old town
Ronda
Old Olive Press and olive oil making
Flamenco dancing and Spanish guitar on site













Inspired to Ride

From riding a beautiful mountain stage of La Vuelta to a leisurely ride on rolling roads, challenge your Strava to an Andalucian route to remember!

You can explore the stunning Axarquía countryside and extensive mountain road network with our cycling holidays, either guided or unguided.







With all inclusive accommodation at our stunning mountain lodge, we provide hire of high quality carbon and aluminium road bikes and equipment. We also have facilities to transport and store bikes if you wish to bring your own.

Whether you're looking for a summer adventure with a mountain backdrop and fabulous coastal scenery, a more leisurely loop of the stunning inland white villages, or an off-season training holiday with challenging climbs on warm winter days, we have a selection of guided tours and routes to suit both your fitness level and your time requirements.

After a day's ride, relax back at Finca Los Pinos with a glass of wine or a well-earned beer, take a dip in the pool, and share your Strava route with those back home.



Whatever your perfect cycling experience, enjoy it with Cómpeta Hikes! www.competahikes.com/cycletours



Tour Dates and Prices









& Culture



Cooking





Flowers

Orchids



Writing





Herbs







Wellbeing

Combination Walking with Wild Flowers







Combination Walking and Yoga

13th – 20th April 2018 Limited availability

27th April – 4th May 2018 Fully booked

18th - 25th June 2018

25th – 30th June 2018 Fully booked

1st – 8th October 2018

11th – 18th October 2018 Fully booked







Combination Walking with Writing

20th - 27th April 2018

12th – 19th September 2018

25th October – 1st November 2018





Combination Walking with Photography

27th April – 4th May 2018

10th - 17th September 2018





Combination Walking with Spanish Language and Culture

25th May – 1st June 2018 Limited availability

20th – 27th November 2018

25th November – 5th December 2018



Walking Tour 3rd – 10th November 2018 11th – 18th November 2018





Combination Walking with Spanish Cooking 7th - 14th December 2018

2019





Combination Walking with Spanish Language and Culture

2nd – 9th February 2019

2nd – 9th May 2019

1st – 8th November 2019





Combination Walking with Spanish Cooking

10th – 17th February 2019

20th – 27th October 2019

9th – 16th November 2019

1st – 8th December 2019

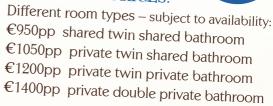


Walking Tour 25th February – 4th March 2019 8th – 15th December 2019



PRICES:

starting from







Combination Walking and Yoga

8th - 15th March 2019

18th – 25th May 2019

26th May – 2nd June 2019

3rd - 10th June 2019

11th – 18th June 2019

21st - 28th June 2019

24th September – 1st October 2019

4th - 11th October 2019

17th – 24th November 2019

24th November – 1st December 2019







Combination Walking and Medicinal Herbs 16th - 23rd March 2019





Combination Walking and Wild Orchids 24th - 31st March 2019

For further 2019 tour dates, please visit our website www.competahikes.com

Giving Back

Cómpeta Hikes is running a programme with local education centres to take groups of children and their parents on walks, bi-monthly and free of charge.

Supporting the children of Cómpeta and Axarquía in association with Axareducación.





THE WALKS

The walks focus on teaching the children about:

Animals
Flora
History of the region
Preserving the environment

Snacks and water are provided

Next walks, conducted in both English and Spanish:

Saturday 28th November 2017

January 2018

March 2018

May 2018

Only 20 children per walk plus 1 adult per child.

Cómpeta Hikes - competahikes@gmail.com - 619 175 649 Axareducación - info@axareducacion.com - 952 516 732

Apply for your place to:

Our objective is also to promote healthy activity in children from a young age.
Cómpeta Hikes has recently instigated and sponsors an under 8's rugby team with Nerja Rugby Club. This venture brings sports and team building free to children across Axarquía, which has never been done before.





